1st year paper -1(GNM Exam) (Anatomy and physiology & microbiology)

Time-3 hrs

Full Marks -75

Answer all Questions

Q1. (a)Define respiration?

(3+7+5)

- (b) Draw the labeled diagram of lungs.
- (c) Explain the mechanism of respiration.

Or

(a) Draw a labeled diagram of the Urinary System.

(5+5+5)

- (b) Explain the formation of Urine.
- (c) Describe briefly the structure of bladder.
- Q.2. (a) Define sterilization.

(3+6+6)

- (b) Explain the physical methods of sterilization.
- (c) What are the different modes of entry of micro organism into the body?

Or

(a) What is reproduction?

(3+6+6)

- (b) Draw a labeled diagram of female reproductive system.
- (c) Describe the function of uterus and its appendages.
- Q.3 Write short notes on any 3.

(3X5 = 15)

- (a) Cranial nerves.
- (b) Physiology of respiration.
- (c) Synovial Joint.
- (d) Hemoglobin
- (e) Cerebrum
- Q.4 A. Mark True or False against each sentence.

(1X10)

- I. The specific gravity of urine is 1200 to 1500.
- II. Trachea is 10" long.
- III. Diaphragm is a muscle of digestion.
- IV. Left kidney is slightly lower than the right kidney.
- V. The spinal cord lies outside the vertebral column.
- VI. Sternum is the bone of thoracic cage.
- VII. Occipital bone is the only movable bone of the skull.
- VIII. Progesterone is a hormone produced by Corpus lute um.

Pineal gland is a small body situated in the breast.		
Islets of langerhans secrete Prolactin.		
ill in the blanks.	(1X5)	
is known as Master of Glands.		
is the longest and strongest bone in the bod y.		
is the reservoir of bile.		
There arelayer in digestive tract.		
Hot air oven is used for sterilizingmaterials.		
(A) As a nursing personnel what you do in following situations.	(2X5=10)	
Person having Hypoglycemia.		
Fracture of Tarsal Bone.		
A person with severe asthma.		
Spinal Injury.		
Retention of Urine.		
(B) Write full form of abbreviations.	(1X5=5)	
C.S.F.		
T.S.H.		
T.L.C.		
A.F.B.		
F.S.H.		
	Islets of langerhans secrete Prolactin. Ill in the blanks.	

1st Year PAPER-II (GNM EXAM) Behavioural Science (Psychology and Sociology)

Time – 3 Hrs Full marks – 75

Answer All Questions

Q.1 (3+6+6)

- a. Define Sociology.
- b. What are the causes of dowry & write its demerits.
- c. Briefly describe the scope of sociology.

Or

(3+6+6)

- a. Define Behaviour.
- b. Describe the healthy behavior and disease behavior.
- c. Write the factors that influence the behavior of an individual.

Q.2 (3+6+6)

- a. Define Family.
- b. What are the types of family seen in the community?
- c. Explain how family is the basic unit for health services?

Or

(2+6+7)

- a. Define emotion.
- b. What are the major emotions?
- c. Describe with an example, how it can be controlled when dealing with a patient?
- Q.3 A. As a nursing personnel what you will you do in the following situations.

(2X5=10)

- a. A person having uncontrollable outbursts of crying and laughing.
- b. An individual testing HIV +ve.
- c. An adolescent having emotional outbursts.
- d. A middle aged man suffering from dementia.
- e. A person having suicidal attempts.
- B. Write the full form of abbreviations.

(1X5=5)

E.C.T.

C.A.

F.A.O.

I.L.O. T.A.T.

1st Year PAPER-III (GNM EXAM)

Fundamentals of Nursing

(including First Aid and Personal Hygiene)

Time – 3 Hrs Full marks – 75

Answer All Questions

Q.1 (2+6+7)

- a. Define Hospital.
- b. Clarify Hospitals.
- c. Describe the functions of a Hospital.

Or

a. Define burn. (2+6+7)

- b. What is 'Wallace Rule of Nine'
- c. How will you manage and treat a burn patient?

Q.2 (2+5+8)

- a. Define Fever.
- b. Enlist the types of fever.
- c. How will you manage and treat a patient suffering from fever?

Or

(5+5+5)

- a. Clarify hemorrhage.
- b. What are the clinical features of hemorrhage?
- c. Differentiate between haematemesis and haemoptysis.
- Q.3 Write short notes on any 3.

(3X5 = 15)

- a. Ethics of nursing.
- b. Record.
- c. Mentally healthy person.
- d. Barrier Nursing.
- e. Cross infection.
- Q.4 A. Mark "True" or "False" against each sentence. (1X10=10)

a. Florence Nightangle was born on 17th May 1852.

- b. Foot end of bed is nursed in treatment of shock patient.
- c. Fluid loss from the body is called Hydration.
- d. Green stick fracture is seen in elderly people.
- e. Normal urine is denser than water.
- f. A test tube should be fully filled for testing of albumin.

	g. Aristotle is founder of Modern Nursing.	
	h. Enema is given in left lateral position.	
	i. Hands should be washed with soap and water only after each p	orocedure.
	j. Back rest is provided to cardiac patients.	
В.	Fill in the blanks.	(1X5=5)
	a. A percussion hammer is used to check the	
	b. Acetic acid is used when testing urine for the presence of	·
	c. A tepid sponging is given to reduce	
	d. An unconscious patient should be nursed inposition.	
	e. While applying Capline bandage, a nurse should stand in front	of the patient
Q.	.4 A. As a nursing personnel what are your roles and responsi	bilities in the
fo	llowing situations?	(2X5=10)
	a. A person drowned in river.	
	b. A lady asphyxiated.	
	c. A diabetic having hypoglycaemia.	
	d. An unconscious individual.	
	e. Blunt injury to the abdomen.	
	B. Write the full form of abbreviations	(1X5=5)
	T.D.S.	
	A.C.	
	Oz.	
	C.C.	
	Q.I.D.	

1st Year PAPER-IV (GNM EXAM)

Community Health Nursing - I

(Community Health Nursing, Env. Hygiene, Health Education, Communication skill & Nutrition)

Time – 3 Hrs Full marks – 75

Answer All Questions

Q.1 (3+6+6)

- a. Define Primary Health Care?
- b. Write the elements of Primary Health Care.
- c. What are the Principles of Primary Health Care.

Or

a. What is Behaviour change communications?

(5+5+5)

- b. Describe Inter Personal Communication.
- c. Give a situation where IPC technique is used to provide Health Edu cation.

Q.2 (4+3+8)

- a. What is 'Records' & 'Reports'?
- b. What are the types of records?
- c. How will you maintain the records & reports in your work place?

Or

a. Define Community.

(2+4+8)

- b. Write the Principles of Community Nursing.
- c. Describe your role in Community Health Nursing.
- Q.3 Write short notes on any 3.

(3X5=15)

- a. W.H.O.
- b. ASHA
- c. A.V.AIDS
- d. Adulteration of Food
- e. P.E.M.
- Q.4 A. Mark 'True' or 'False' against each sentence.

- a. Vit A is found in Sea Fish.
- b. 1gm of Protein gives 9 Calories.
- c. Malaria is caused by parasites.

d. Triple antigen prevents Polio, Typhoid and Cholera. e. Deficiency of Iodine caused Goitre. f. Better communication contributes to effective function of an Organisation. a. A delinquent is one who shows deviation from normal behaviour. h. Rodents are the cause of Filaria. i. Vitamins & Minerals are protective foods. j. Potassium Permanganate is an oxidising agent. B. Fill in the Blanks. (1X5=5)a. The Govt. of India enacted the Central Food Adulteration Act in _____. b. Repeated occurance of a disease in a geographical area is called _____. c. Measles vaccine is kept in a _____. d. _____method of teaching is better than two way method. e. The _____amino acids can not be synthesized in our body in sufficient quantity and must be obtained from the food. Q.5 A. What is the immediate role and responsibility of a staff nurse in the following situations. (2X5=10)a. During home visit, found that shallow well was used for drinking purpose. b. Intake of bleaching powder by a person. c. A 1 yr old infant weighing 4kg. d. A 5 yr old child having severe constipation. e. A 2 yr old child taking only diluted cows milk. B. Write the full form of abbreviations. (1X5=5)H.I.V. U.I.P. T.F.A. V.V.M. R.C.H.P.

2nd Year PAPER-I (GNM EXAM)

(Medical Surgical Nursing including Pharmacology)

Time – 3 Hrs Full marks – 75

Answer All Questions

Q.1 (3+5+7)

- a. What do you mean by pneumonia?
- b. List the causes, scopes and symptoms of pneumonia.
- c. Prepare a Nursing Care plan for its management.

Or

a. What is drug? (3+7+5)

- b. Write the sources and functions of drugs.
- c. What are the routes of administration of drugs?

Q.2 (5+5+5)

- a. What is intestinal obstruction? Write its causes.
 - b. Mention the signs & symptoms of intestinal obstructions?
 - c. How will you treat and manage the patient in the ward?

 \bigcirc r

a. What do you mean by cholecystesis?

(3+5+7)

- b. List the post operative complications of it.
- c. Prepare an input & output chart for 24 hrs of a patient with cholecystesis.
- Q.3 Write shorts on any 3. (3X5=15)
 - a. Antigen
 - b. Biomedical waste
 - c. Shock
 - d. Immunity
 - e. Lumbar Puncture
- Q.4 A. Mark 'True' or 'False' against each sentence (1X10=10)
 - a. Sweating is a sign of Coronary Artery Disease.
 - b. Leukaemia is a hereditary disease.
 - c. In convulsions, there is a loss of memory.
 - d. Millin's operation is done in diphtheria.
 - e. Blood urea is high in cardiac patients.
 - f. Spinal anaesthesia is used in mastectomy operation.
 - g. Bed spacing should be minimum of 8ft to prevent infection.

j. Paludrin is given as an anti material drug.	
B. Fill in the blanks.	(1X5=5)
a. H.I.V. causes	
b. In Pyloric stenosis, Vomiting occurs in	type.
c. Absence of respiration is called	_:
d. Inflammation of Veins is called	
e. Inflammation of spinal cord is	
Q.5 A. As a nursing personnel what are your	
following situations.	(2X5=10)
a. Appearance of blood in the urine.	,
b. Patient with severe pain abdomen.	
c. A female with incontinence of urine.	
d. A patient with burn.	
e. Patient with severe migraine.	
B. Write the full form of abbreviations.	(1X5=5)
L.G.V.	(1713-3)
P.C.V.	
P.S.A.	
P.U.O.	
C.N.S.	
0.14.0.	

h. Heparin is a natural anti-coagulant.

i. High specific gravity of urine is seen in diabetic mellitus.

2nd Year PAPER-II (GNM EXAM)

Medical & Surgical Nursing

(including specialization in Eye, ENT, Gynaecology, Communicable diseases and Orthopedics)

Time – 3 Hrs Full marks – 75

Answer All Questions

Q.1 (5+5+5)

a. What are natural calamities? What are man made disasters?

- b. What are the available community resources to meet such calamities?
- c. What is a nurse's role in effective management of the health needs of the community in this situation?

Or

a. What is drug? (4+4+7)

- b. Describe the management of a patient with carcinoma breast.
- c. What is the post operative nursing care that is given to the patient after medical surgery?

Q.2 (3+6+6)

- a. what is physiotherapy?
- b. Write the signs and symptoms of fracture patients.
- c. Describe the nursing care of a patient with fracture.

 O_1

a. What is causative organism of Cholera?

(3+5+7)

- b. Explain the treatment and nursing management of a patient with cholera.
- c. What are the preventive measures that should be undertaken for control of an outbreak?

Q.3 Write shorts on any 3.

(3X5=15)

- a. Prevention of S.T.D.
- b. Pharyngitis
- c. Furunculosis
- d. Menopause
- e. Mastoiditis

Q.4 A. Mark 'True' or 'False' against each sentence

- a. Salphingectomy is done in Ectopic gestation.
- b. Oligo zoospermia is a condition where there is low sperm count .

- c. Failure of accommodation is seen in cataract.
- d. Pus is discharged per urethra in syphilitic urethritis.
- e. High fat diet is prescribed in cardiac patients.
- f. Scarlet fever is a protozoan infection.
- g. Red Blood Cells count decreases in blood dysentry.
- h. Anti tetanus serum is used for active immunization against tetanus.
- i. A rabid dog does not survive for more than 10 days after biting a person .
- j. Bleeding from the year is called epitaxis.

B. Fill in the blanks.	(1X5=5)
a. Stone in gall bladder is called	,
b. Mumps is caused by	
cbandage is used in fracture clavicle.	
d. Inflammation of eye lid margins is called	
e. Salmonella typhi is responsible forfe	
Q.5 A. What are your roles and responsibilities of	
situations.	3
	(2X5=10)
a. Hyper resistivity reaction after injection Penicillin v	was given to an individual.
b. Head injury following road traffic accident.	•
c. Burning micturation in patient.	
d. Pus from the middle year of a patient.	
e. Patient with malusion of fracture humerous.	
B. Write the full form of abbreviations.	(1X5=5)
D&C	,
M.T.P.	
V.D.R.L.	
E.S.R.	
I P	

2nd Year PAPER-III (GNM EXAM) (Mental Health & Psychiatric Nursing)

Time – 3 Hrs Full marks – 75

Answer All Questions

Q.1 (3+5+7)

- a. Define schizophrenia.
- b. Write the common types of schizophrenia.
- c. Write down the nursing management of a patient with paranoid schizophrenia.

Or

a. Define psychiatric nursing.

(3+5+7)

- b. Write the principles of psychiatric nursing.
- c. Describe the role of mental health nurse in the prevention of mental illness in the community.

Q.2 (4+5+6)

- a. What are the various types of relationship?.
- b. Write the difference between professional and social relationship.
- c. Briefly explain the various components of therapeutic relationship.

Or

a. What do you mean by mental illness?

(3+5+7)

- b. What is the difference between a mentally healthy person and mentally ill person?
- c. What is the importance of mental health assistant in providing nursing care to mentally ill person?

Q.3 Write shorts on any 3.

(3X5=15)

- a. Delirium
- b. Mental Health Act 1987
- c. Interview Technique
- d. Misconception of mentally ill
- e. Stupor

Q.4 A. Mark 'True' or 'False' against each sentence

- a. Neurosis refers to organic variety of mental illness.
- b. Unexplained and intentional fears about animate or inanimate object are known as hallucination.

- c. Mental retardation is an incomplete development of mind.
- d. Alcohol abuse causes marked tremor and fever.
- e. A psychopathic is a person who has conflict within the mind.
- f. A psychopathic is a person who has a personality disorder.
- g. A mentally healthy person is productive.
- h. In depression there are thoughts of suicides.
- i. Trance is an episode of anxiety.
- j. Mutism is a sleep like state.

B. Fill in the blanks.	(1X5=5)
a. Laws relating to psychiatry in India areand	•
b. Causes of mental illness areand	
c. Psychoactive substances are,,	and
. 	
d. Mood stabilisers areand	
e. Mania is adisorder.	
Q.5 A. As a nursing personnel what are your roles and responsi	bilities in the
following situations.	(2X5=10)
a. A patient with severe Neurosis.	
b. A female having severe depression.	
c. A violent individual.	
d. A too talkative person.	
e. A male having delirium tremors.	
B. Write the full form of abbreviations.	
(1X5=5)	
I.P.R.	
N.M.H.P.	
P.P.T.	
O.C.N.	
FPS	

3rd Year PAPER-I (GNM EXAM) (Midwifery and Gynaecological Nursing)

Time – 3 Hrs Full marks – 75

Answer All Questions

Q.1 (3+5+7)

- a. What is septic abortion?
- b. What are the complications of septic abortion?
- c. How will you manage a case of septic abortion?

Or

a. What are the stages of labour?

(4+5+6)

- b. How will you manage a primigravida mother in 2 nd stage of labour.
- c. What are the complications of mismanaged 2 nd stage labour?

Q.2 (3+6+6)

- a. Define low birth baby.
 - b. What are the causes, signs and symptoms of pre term baby?
 - c. How will you manage a pre term baby?

Or

a. What is antenatal care?

(3+6+6)

- b. What are the objectives of anti natal care?
- c. Describe the antenatal care that is given to a pri migravida, who has come to antenatal clinic.
- Q.3 Write shorts on any 3.

(3X5=15)

- a. Threatened Abortion
- b. Caesarean section
- c. Contracted pelvis
- d. Physiological jaundice
- e. Transverse lie
- Q.4 A. Mark 'True' or 'False' against each sentence

- a. High blood pressure in pregnancy is a sign of hyper emesis gravidarum.
- b. The first foetal movement felt by mother is partogram.
- c. The primary critical observation for AFG AR scoring is temperature.
- d. Premature pushing should be avoided in transverse presentation .
- e. The evident part of the brain measures 15 cm.

f. Oxytocin drip is given to prevent cord prolapse. g. Enlargement of breast causes fever. h. Due to rhesus incompatibility path ological jaundice occurs in new born. i. The general epithelium lies over the ovary. j. Sub mento vertical diameter is the highest point on vertex. B. Fill in the blanks. (1X5=5)a. Warning sign of rupture of uterus is _____. b. Binovular twin develops from _____ovum. c. The size of the uterus _____in intrauterine death. d. Antenatal mother should be advised to take more _____. e. Vaginal discharge from delivery to 5 days is called . . . Q.5 A. As a nursing personnel what are your roles and responsibilities in the following situations. (2X5=10)a. A woman having weak, thready, pulse after abortion. b. New born with hypothermia. c. A woman with history of precipitate labour. d. Rh -ve woman marrying a Rh +ve man. e. HIV infected woman becoming pregnant. B. Write the full form of abbreviations. (1X5=5)

R.O.A. R.M.A. V.V.E. R.S.A. L.O.P.

3rd Year PAPER-II (GNM EXAM) (Paediatric Nursing)

Time – 3 Hrs Full marks – 75

Answer All Questions

Q.1 (3+6+6)

- a. Write the concept of paediatric.
- b. Describe the role of paediatric nurse.
- c. What are the international rights of a child?

Or

a. Define Poliomyelitis.

(3+5+7)

- b. Write the signs and symptoms of Poliomyelitis.
- c. Describe the measures taken for prevention and eradication of Poliomyelitis.

Q.2 (3+5+7)

- a. What is tonsilitis?
- b. Write the signs & symptoms of tonsillitis.
- c. Describe the nursing care plan for tonsillitis.

Or

a. What are the clinical features of rheumatic fever?

(3+5+7)

- b. What are the complications of rheumatic fever?
- c. Write the nursing management of rheumatic fever.
- Q.3 Write shorts on any 3.

(3X5=15)

- a. Kangaroo medical care
- b. APGAR Score
- c. Phototherapy
- d. Marasmus
- e. Congenital Anomalies

Q.4 A. Mark 'True' or 'False' against each sentence

- a. Phototherapy is the treatment given in physiological jaundice.
- b. Somnambulsion is a psychological problem.
- c. Colostrum is rich in iron.
- d. Protein energy malnutrition can be prevented by correct introduction of food at appropriate age.
- e. Diarrhoea is a complication of measles.

	•	Monkey face is seen in marasmus. Right ventricular hyper therapy is one of the defects in Fallots In Autism mental retardation occurs. Haemophilia is a bleeding disorder.	Гetralogy .
В.	Fil	I in the blanks.	(1X5=5)
	a.	Widely open anterior fontanelle is seen in	,
		Children behaviours are abnormal due to	
	c.	Impetigo is caused by	
	d.	Bleeding gum is found indeficiency.	
		In haemolytic anaemiais given.	
Q.	5 /	A. As a nursing personnel what are your roles and respons	ibilities in the
fol	lov	ving situations.	(2X5=10)
	a.	Enlarge tonsil of a child.	
	b.	A child with whooping cough.	
	C.	A 2yr old with delayed milestones.	
	d.	A 2 month old child with pneumonia.	
	e.	A 5yr old with a severe cut wound in the finger.	
	В.	Write the full form of abbreviations.	(1X5=5)
		S.F.D.	
		P.E.M.	
		H.A.E.	
		R.I.M.S.	

f. Melancholia is loss of memory.

C.G.C.

3rd Year PAPER-III (GNM EXAM) (Community Health Nursing II)

Time – 3 Hrs Full marks – 75

Answer All Questions

Q.1 (2+5+8)

a. Define family planning.

b. Describe the stages of demography.

c. State the factors influencing the population growth in India.

Or

a. Define supervision.

(3+7+5)

- b. Enumerate the principles of supervision.
- c. As a staff nurse what problems are commonly encountered during their duty time in the hospital?

Q.2 (3+6+6)

- a. What do you mean by community health nursing?
- b. Write the principles of community health nursing.
- c. Enumerate the roles and responsibilities of a community health nurse.

Or

- a. List the institutions that are working under primary level of health care delivery system in India. (3+5+7)
- b. What are the elements of primary health care?
- c. What are the principles of primary health care?

Q.3 Write shorts on any 3.

(3X5=15)

- a. Health planning
- b. UNICEF
- c. Red Cross of India
- d. Importance of spacing
- e. RCH

Q.4 A. Mark 'True' or 'False' against each sentence

- a. Anthropometric measurements are valuable indicators of nutritional status.
- b. Demonstration is the best method for teaching illiterate people.
- c. In lepromatous leprosy, the bridge of nose is depressed.
- d. Poliomyelitis has been eradicated from India.

- e. Continuing education is essential for improvement of nursing efficiency.
- f. 3 tier structure of local self Govt. in the state is known as Panchayati raj system.
- g. VHG scheme was initiated in India in 1955.
- h. Current Nurse population ratio is 1:3000.
- i. Control of 'Birth & Death Registration Act' was promulgated in the year 1991.
- j. National Health Policy approved in the year 2002.

B. Fill in the blanks.	(1X5=5)
a. Colostrum contains	_which protects the baby from diseases.
b. Post natal visit is carried upto	days after delivery.
crice has more nutr	tional value.
d. Infant is one which is born betw	eenweeks of gestation.
e. DDT haspropertie	S.
Q.5 A. As a nursing personnel what	are your roles and responsibilities in the
following situations.	(2X5=10)
a. A woman wanting to undergo tube	ectomy.
b. Mother denying Pulse Polio Immu	nization to her baby .
c. Tribal girls getting married at early	age.
d. People of the village going to oper	ifield defaecation.
e. A female having glossitis.	
B. Write the full form of abbreviations	. (1X5=5)
B.C.G.	
B.H.C.	
P.P.B.S.	
I.R.D.P.	
I.N.C.	